Learning Approaches

# Visual

Using pictures, charts, diagrams, graphs, etc. to learn information.

## During Class

Underline important points. Highlight key information in different colors. Use symbols, charts, and graphs.

## When Studying

Underline and highlight important thoughts in notes and text. Summarize with images and concept maps.

## After Class

Recall key pictures. Draw concept maps and diagrams. Write out formulas.

# Auditory

Hearing information.

## During Class

Attend lectures, discussion, and tutorials. Record the lecture and listen to it later while adding to your notes.

## When Studying

Discuss the material with your study groups. Summarize notes, then read aloud. Record the information, then listen to it.

## After Class

Talk through the question quietly to yourself.

# Read/Write

Reading or writing about information.

## During Class

Create lists and headings. Take complete lecture notes. Record lectures, listen later, then add missing information.

## When Studying

Identify key words. Read and summarize notes and old exams. Answer review questions from the book or other resources.

## After Class

Do a brain dump to use as a reference during the exam (formulas, key words, important facts, etc.).

# Kinesthetic

Moving, touching, or hands-on activities to learn information.

## During Class

Listen, pay attention to visual cues, write, and quietly tap your foot and move. Participate in labs and field trips to learn through doing.

## When Studying

Stand, move, or walk. Be active (draw, match, role-play, build, etc.). Create mnemonic devices.

## After Class

Recall active methods used and information used. Stretch or move. Use mnemonic devices.

Additional Info

For more information, visit the Center of Academic Success in B-31 Coates Hall, call (225)578-2872, or visit [lsu.edu/cas](https://lsu.edu/cas/).